

## **Tourette Syndrome Association**

TS is a perplexing, inherited neurobiological disorder that is characterized by sudden uncontrollable movements and vocalizations, known as tics. These tics may take the form of repeated eye blinking, shoulder shrugging, strange noises and can even be as severe as stomach tics in which food cannot be held down. As described by 11-year-old Joriel, "It's like a volcano waiting to erupt inside of you and you never know when it will happen." Typically, symptoms may begin to appear as early as 5-years-old and can progressively worsen throughout young adulthood. Today there are more than 200,000 diagnosed cases with millions more people who exhibit some symptoms and associated behaviors. Currently, there is no known cure.

The Tourette Syndrome Association (TSA) is the only national not-for-profit organization serving the needs of those touched by this disorder. Our mission is to fund research to discover the cause and find a cure, while providing programs to help those living with TS.

### **Tourette Syndrome Association, Inc.**

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## **Five Steps to Successful Fundraising**

### **1. Friends and Family...**

Who do you know? Ask everyone you know to help you support this very important cause.

### **2. Spread the word...**

Have a party and use admission as a donation to your run!

### **3. Talk to your Company...**

They might have a Donation Matching Funds Program or be willing to donate.

### **4. Save the Date...**

Make sure everyone knows when the big event is and when to send their support by.

### **5. Don't Worry...**

You will reach your goals, Perseverance will get you there & always remember, "Never think you need to apologize for asking someone to give to a worthy object" - John D. Rockefeller

**One Lap Closer...To The Cure**



