

## **((X)) TOURETTE SYNDROME ASSOCIATION**

### **The TSA is offering FREE training programs on Comprehensive Behavioral Intervention for Tics (CBIT)**

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The Tourette Syndrome Association (TSA) is in the sixth year of a partnership with the Centers for Disease Control & Prevention (CDC) to provide education to physicians and allied health professionals nationwide. The emphasis is on diagnosing and treating Tourette Syndrome (TS).

TSA is currently scheduling training programs outlining a new evidence-based behavioral approach for managing TS - *Comprehensive Behavioral Intervention for Tics (CBIT)*.

Tested in two parallel multi-site randomized clinical trials, the CBIT procedures combine elements of habit reversal training with psychoeducation and function-based behavioral interventions.

Principle Investigators of the NIMH-funded studies will conduct the sessions.

All programs are *free of charge*.

Participants will benefit from:

- Authoritative information on TS and its common co-occurring conditions, the impact of environmental events on tics, and the research data supporting the CBIT treatment intervention;
- Detailed description and examples of the behavioral treatment protocol used in CBIT;
- A free copy of the newly published CBIT treatment manual and a comprehensive CD-DVD featuring practice parameters, important published papers, and useful videos;
- Access to online medical education resources on TSA's website;
- The opportunity to be added to TSA's physician and allied professional state referral lists.

**Our staff will work with your designee to develop the program.  
For more information or to schedule a program, please contact:**

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