

Inside TSA

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Where Are They Now? Catching Up with Old Friends from *Inside TSA*

This newsletter features many individuals with Tourette Syndrome in all walks of life and it's time to go back and revisit a few of these extraordinary people and find out what's new. Some have switched careers, graduated from school, gotten married or moved to far off corners of the world. We celebrate their achievements and note the milestones in their lives.

Dr. Evan Trost's career is in high gear with a solo family practice in Scottsdale, Arizona. He's also just opened a Wellness Center, serves as the medical director of a nursing home, hospice and a home health company and he is completing his training in acupuncture. His approach to medicine is holistic. "I look at the entire family unit. I'm goal oriented as opposed to disease oriented and in my opinion this works better," Evan described his medical philosophy. 15 to 20 percent of his practice is devoted to children with TS and other neurological disorders. Evan somehow finds time to



Paige Vickery

enjoy his two-year-old daughter and piloting his Cessna.

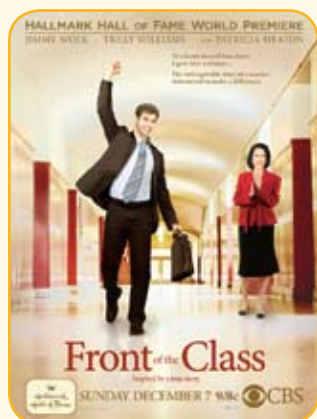
When we featured Paige Vickery in 2004, she was traveling a great deal for her career in music. She will continue to play the flute, but is putting down her conducting baton for now as she is making a big career shift into the Foreign Service. "I fell in love with traveling and languages during my music travels. Also in the spirit of living life in chapters, I wanted to try something new, a second career," Paige commented.

She believes that having TS has had a big impact on her goals and ambitions, shaping her opinion of boundaries and what is possible in life. "The day I could stand on stage, watch audience members make fun of me and still finish my pre-concert speech without crying, was the day I stepped over the disorder and kept walking down my path." Paige is on her way to Europe, but as of today she does not know her assignment.

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Dr. Evan Trost with his wife Lisa, Mom Carol and daughter, Ariella



"Front of the Class" Wins the Night for the Hallmark Hall of Fame

The Hallmark Hall of Fame TV movie version of Brad Cohen's book, *Front of the Class: How Tourette Syndrome Made Me the Teacher I Never Had* was watched by nearly 12 million viewers when it debuted on Sunday, December 7, 2008. TSA worked with the producers, assuring an accurate portrayal of Tourette Syndrome for this high profile project. With an all-star cast including Patricia Heaton and Treat Williams, the movie is sure to become a perennial favorite among TSA members. The DVD is available exclusively at Hallmark Gold Crown Stores across the country.