



THAT DARN TIC



A NEWSLETTER BY AND FOR KIDS WITH TS

tourette syndrome association, inc.
42-40 bell boulevard
bayside, new york 11361
(718) 224-2999 ♦ fax: (718) 279-9596
e-mail: ts@tsa-usa.org ♦ website: http://tsa-usa.org

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Shawn (7 years old)
Carlisle, Pennsylvania

I was diagnosed with TS when I was in kindergarten. I started with rubbing my nose, picking at my fingers and toes and the worst was opening my mouth widely. My teacher talked to my grandparents who are raising me. At the end of the school year, I was told that they

wanted to put me into a Special Ed class for first grade. My grades were good and I had never been sent to the principal or anything like that. My grandparents refused to have me singled out and researched different avenues. I have been doing cyber school this year through Commonwealth Connections Academy for first grade and doing very well. My overall grade average is 99%. Without the help of a lot of people, I don't think I'd be where I am today. I wish that more people would listen to the education about TS and quit singling out TS kids from "normal" kids. I still have a heart and I am friendly and outgoing. Just because I have TS does not make me a different person. Thanks for your time!



Noelle (11 years old)
Lenoir City, Tennessee

"Just Dance"

Tutus are pink
Jazz shoes are black
I'm gonna keep dancin'
and you can't hold me back.
Dancing makes me happy
Even when I'm sad or blue
So maybe you should try it
It might make you happy, too!



Chase (11 years old)
Westlake Village,
California

Hi! My name is Chase and I have had TS for four years since I was in the first grade. My tics bother me, but most importantly, my family is very supportive about my TS. I

feel right at home when I am with someone else with TS. My current tics are cracking my neck, my back, my fingers, my shoulder and my heel. Later on in my life I want to start an animal shelter because I love animals so much. Some of my talents are soccer and mathematics. Someday I will show how someone with TS, or anything else, can be successful.



Therell (9 years old)
Stratford, Connecticut



Hi! My name is Therell. I am 9 years old and I live in Stratford, Connecticut. I live with my mom and my cat named Gavin, who is so cute. I am in the 3rd grade. I was diagnosed with TS in 2nd grade. My tics are eye blinking, stuttering, twitching, motor noises and shaking my body, but I am taking medicine for it. At first, at

school my friends and other people made fun of me and told me to stop. But the school psychologist, whose name is Mrs. Grady, came in to talk to them about TS. So now my friends don't make fun of me anymore. So all of you with TS out there, don't feel bad. Since I have been taking medicine for my TS, I am having less tics. The only tics I'm having now are twitching, blinking and stuttering. For me, having TS is not so bad.



Billy (18 years old)
Havertown, Pennsylvania

My name is Billy and I am currently a high school senior. I will attend Cabrini College and study to be an accountant. I enjoy playing video games, surfing the internet, listening to music and watching movies and television. I have worked at AMC Marple 10 since I was 14, watching every movie I possibly could. I have Tourette

Syndrome, ADHD, OCD and traits of Asperger syndrome (not fully diagnosed). I am a good student and have an "A" average. Math is my favorite subject; however, I am great at English and decent in science and history.

Flash! A bad memory comes to mind. Everyone has a moment in their own life that they wish they could do over. In this paper, I explain a moment in my life that I wish I could do over. This moment deals with my bad experiences because of the lack of social interaction during my youth. Enjoy and try to learn something from my mistakes!

Popular students sit at the cool end of the cafeteria, discussing fascinating topics. They learn essential social skills to which everyone should be exposed. I sit alone at the opposite end of the cafeteria playing Game Boy, obsessively trying to beat the last level of Mario Brothers. Remembering this and similar incidents reveal a fundamental component of my past that should be modified. If I had increased the social interaction with my peers during my childhood, I could have gained vital interpersonal skills, lengthened my list of childhood friends, and most importantly, experienced life outside my home.

Having interpersonal interactions is necessary to one's successful life. If one does not acquire this familiarity at a young age, he or she might become maladroit during adolescence. Certain situations in my life show why I should have been more communicative when I was younger. If I was involved in more adolescent chatter, I could fix some of my unsophisticated social habits. I would know when people want me to chat with them, how to judge social timing and how to read a person's mood.

My younger self was obsessed with video games. By spending more hours gaming, electronics held me back from leaving my home, exercising and hanging out with friends. If I was more socially active at the time, I might not even be interested in video games. At least, I would know never to neglect friends for games. Rather than being fixated, I would have been more engaged in the social world.

Another integral skill that more interaction would have corrected is social timing. My peers would not ridicule me for entering discussions at the wrong moment. I would better navigate the flow of adolescent chatter and join naturally when appropriate. This skill would change

everyday life for me. Social uneasiness would not inhibit me from speaking to a group of people.

From personal interaction comes the ability to analyze somebody's feelings and social cues. Increasing my interaction would enable me to recognize someone's anger, sadness, depression or anxiety. Recognizing when a person might not be in the mood to talk is a beneficial skill. This skill shows how one is able to appreciate the mood and social cues of others to help eliminate the social faux pas that might result from a lack of acknowledgement of their disposition.

In conclusion, if I experienced more diverse social situations in my past, I could have set my Game Boy aside. I wish I had realized the importance of these integral social interactions. Before I hit adolescence, if I was able to comprehend the substantial influences of basic interaction, I could have been more actively involved in gaining a complete understanding of the fundamental aspects of interpersonal communication. As a result of not experiencing these vital interactions, I never gained an absolute grasp of this prevalent knowledge. Sometimes, I wish the power of my Game Boy would die, so I could get a chance to go outside with friends.



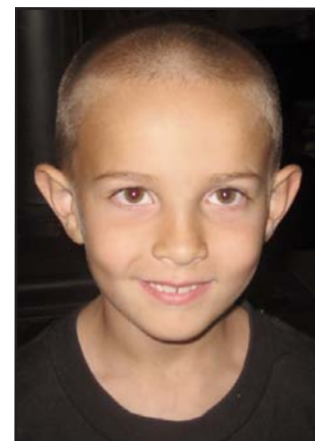
Matthew (8 years old)
Willits, California

My name is Matthew and I was diagnosed with TS when I was 5. My mom and dad noticed it when I was 2, but they didn't know what it was. They thought I would tic because of the tags on my shirts. TS is a very ordinary thing, a lot of people have it. I like to share information about it with people a lot. I think some animals have it, too. My favorite sports are watching TV and playing on the computer (if they are even sports). I really want to play baseball, but I am scared of the ball.

I want to introduce you to the rest of my family: my mom Kristen, my dad Mike, my brother Aaron, my grandma Linda, and my grandpa Bob. I like to go fishing with my grandpa and brother during summer vacation. My grandpa made Aaron and I kayaks and this year we are going to fish with them. Here are two of my favorite games: Lego Galidor and Club Penguin.

This school year is almost over and next year I am going to be in 3rd grade. I can't wait to get my own Facebook page someday. I have 4 dogs, 9 sheep, 2 cats, 4 hens, 1 rooster and 2 goats. In school I have a 504 plan and because of it I can get my work done easier. I have three, maybe four tics.

I have TS, but TS doesn't have me.





Timothy (10 years old)
Rancho Santa Margarita,
California

Hi! My name is Timothy and I have Tourette Syndrome. My tics started when I was about 7 years old. My first tic was humming. By the next year I was clearing my throat, twitching my nose and pulling my cheek. My mom didn't know why I was doing this, so she asked the

pediatrician at my check up. He said I had TS. At first, my friends at school would ask why I keep making "croaking" sounds and twitching my face. I explained that I have Tourette's and it's kind of like having the hiccups. It comes and goes and it's not contagious. My friends understand it and don't mind me doing it anymore. Every year, on the first day of school, I tell my teacher that I have TS and so far they have been very understanding of my tics. This year, my teacher has a teenage son who also has TS. She has been working with me and my parents a lot and we've found some great ways to help limit my tics. I use silly putty or a fidget ball in class to help me focus on my classwork. Without it I do a lot of tapping, break pencils and kick the leg of the desk. I crack my knuckles a lot and it's really loud and disturbs the class. Whenever I feel I need to crack them I have to sit on my hands to stop myself. But then I feel so stressed out that I just have to crack them to get relief.

Having TS hasn't stopped me from doing anything. I have lots of friends, I love school, I'm even in the GATE program. I'm really good at sports and play the violin. But I hate to write. If my writing is not perfect, I have to erase, erase, erase. My schoolwork usually has holes in it from too much erasing. Sometimes I get frustrated because my brain works faster than my hand. My teacher suggested that I start typing out my homework so that I can work faster and not have to erase. I'm practicing right now. My mom says having TS is helping us become great problem solvers.

I have learned that having Tourette Syndrome doesn't have to stop me from doing or being whatever I want.



Sam (13 years old)
Old Bethpage, New York

Hi! My name is Sam. My first tic was when I was goofing around with my dad and he stuck out his tongue to be funny. I did it and kept on doing it. That was my first tic. My other tics are jumping, making noises and other stuff. I am a drummer, I've been in many, many plays and I sing. TS is something you should not make fun of. I hope to be a famous singer and that's all I have to say!



Maxwell (11 years old)
Minneapolis,
Minnesota



From the beginning I have always been a guy for home. My birth was a perfect example. I was born in my house at 3:00 a.m. It's kind of funny whenever people ask me where I was born, I say, "home

sweet home." This was one of the many events that has shaped my life to what it is now. I am different. My mom says I was born at home because it happened so fast. She says I was in a hurry then and I am still in a hurry now.

Here is another example of what makes me different. This year I was diagnosed with Tourette Syndrome. It is a neurological disorder and it runs in my family. It is getting better. I knew that much when my dad asked me if I still twitched anymore because I was twitching less.

I knew that my luck was changing when I made a traveling baseball team despite the fact that I was twitching. We travel and play in different towns. I thought I might not make it. I thought they might misjudge me and think that I was too different to play because I was twitching so much. Since third grade it has been my dream to play on a traveling team.

Success runs in my family. One of my uncles is a successful writer. My other uncle is a computer genius. So when I made the team and still got through my life, despite my tics, I knew I was just tying in with my family.

My dog has supported me for 49 dog years. She is a black lab, the cutest I have ever known. She is always mellow and has helped me through the hardest times. Whenever I am down or in need of support, I go to her bed and sit by her and talk to her. She makes a faint sound that makes me feel assured, as if she knows what I am saying. She also makes sounds like a seal and Chewbacca from "Star Wars."

As you can see, I am very different and also just as successful as anyone can be. I am glad I can have such a nice life.

Did You Know?

You can read this issue
(and all past issues of "That Darn Tic")
on the TSA website by going to this direct link:

[http://www.tsa-usa.org/
Publications/ChildrensNewsletter/that_darn_tic.html](http://www.tsa-usa.org/Publications/ChildrensNewsletter/that_darn_tic.html)

TSA Youth Ambassador 2009 Training Special Insert



Aaron (16 years old)
Richmond, Virginia

Being a Youth Ambassador is awesome! I learned so much on the Youth Ambassador training program trip. Specifically, I learned how to talk to others about TS. Now, when I talk to people about the condition, I feel much more confident in myself,

and the information I am giving. Going back to the conference, I met many other people like me, who all have TS. It was reassuring to see that I am not the only one out there with TS, and it was great becoming friends with other teens who have TS. The trip to the hill was a very rewarding experience. I met with legislative aides to Eric Cantor, Mark Warner and Jim Webb. It was great seeing how all the aides, who were in very high political positions, actually cared about TS and could make a difference in the lives of people who have TS. The YA training program was one of the best experiences in my life, as well as being the most rewarding one! Thank you TSA and TSAGW for providing me with this wonderful opportunity. I will remember it for the rest of my life!



Dara (15 years old)
Old Bethpage, New York



Attending the leadership conference and being trained as a YA have been empowering experiences for me. During the conference I met other teens just like myself and we all quickly bonded by sharing stories and strategies about dealing with TS. We talked so freely with each other about many of our common struggles of trying to be a typical teenager in high school, trying to blend in with our peers, while trying to excel in our studies and having to deal with the daily difficulties that TS poses for us. Many of us also met with our elected officials to advocate for legislation affecting the TS population. I am personally so grateful to Congressman Peter King and his staff for the time they spent with us, their genuine interest in our stories and mission and the support they offered. Being part of a group where I could personally advocate for legislation that will make a real difference for our TS community was an incredibly inspiring experience.

As a Youth Ambassador, I have the opportunity to go into schools and classrooms to educate and promote tolerance and understanding of TS. I explain to other children and teens how important it is not to make fun of children for something they cannot control. This

understanding will hopefully make a difference in their lives. These presentations are well received by the students and teachers, and everyone involved benefits. As a Youth Ambassador, I am committed to making life better for those children. I can attest to the difference compassion and understanding have made in my education. By speaking out, hopefully I will make a difference in all our lives for this and future generations who are affected by Tourette's.



Ariel (15 years old)
Chicago, Illinois



When I was selected to be the 2009 Illinois YA I was extremely thrilled and excited! I felt that I was taking a big step towards achieving my goal of educating the world about TS. I was also chosen to give a speech at the Congressional Luncheon. Writing the speech was a "therapy" session for me. I tried to take all the anger I had built up over the years from mistreatment and others just not understanding what TS was all about and turn it into something positive and inspirational for others.

Upon arriving in D.C., I did not know what to expect. I began to meet kids from all over the country and it was the first time I had really met anyone else with TS. It was shocking to me that so many of the other kids had gone through the same bad experiences that I had. Throughout the course of the training I built good friendships and was also able to share my stories and hear similar ones. It really showed me that I am not alone and that ignorance about TS is a serious issue that needs to be addressed.

I met with legislative aides from Senator Durbin and Burris' offices and a representative from Congressman Kirk's office. They were all very nice, supportive and listened to what I had to say. I felt very proud and accomplished after each meeting. When the training was over it was very hard for me to say goodbye to all my new friends, but we promised to keep in touch. On the airplane ride home I thought about everything that had happened: the training, the kids, the meetings and the luncheon. I felt a wave of satisfaction over what I had done. I remembered the hard times I have had throughout my life and how I had always dreamed of doing something like this. I smiled and told myself that this wasn't the end for me, this was just the beginning of a long journey. I want to get invited to the White House to talk to President Obama about TS, I want to be important, generous, big hearted and help all those with TS who can't help themselves. I don't want to let TS hold me back from any of the things I want to explore or do in my life. I want to stick to my three goals for TS – Validate, Advocate and Educate!

TSA Youth Ambassador 2009 Training Special Insert



Ellen (18 years old)
Burlingame, California

I arrived at the Washington D.C. YA training representing Northern California for the Northern California/Hawaii TSA Chapter. There was lots of information to be learned and bonds to be created. The three days were completely

scheduled and each moment was a learning experience. The third day was our "Day on the Hill," where I was able to practice my presentation skills on aides to my California Congresswoman and Senators. The trip to the Hill was a surreal experience. It showed me that one person's story truly can make a difference and can affect the lives of others in a big way. Now, back in California, I love being a Youth Ambassador. I have the privilege to meet and be a part of the lives of young people, like myself, with Tourette Syndrome. There is nothing more rewarding to me than knowing that I have an increased awareness of TS, and hopefully this knowledge will make life a little easier for others with TS.



Zach (16 years old)
Haiku, Hawaii

I was selected to attend the TSA Youth Ambassador Training in Washington, D.C. this year. It was a really great experience! I learned a lot and feel more confident in giving presentations about TS to my peers and members of my community.

Living in Hawaii can feel isolating sometimes, especially with a disorder that most people don't understand or know much about. Being able to meet other kids my age with TS was incredible for me and I've made some good friends.

The Trip to the Hill was amazing, too. I was fortunate to meet with both of my Hawaii Representatives and I was impressed with how interested they were in what I had to say. I told them what it was like to have TS and why it is so important to support research and education. It was exciting to know that I got to be part of our legislative process in a way that would help other people with TS.

My goal now is to spread awareness, understanding, and tolerance of a disorder that few people really understand. I hope to be able to visit the other islands to give talks and to set up support groups at some of the schools. By educating my community, I hope to make it easier for other kids here in Hawaii who have TS.



Josh (15 years old)
Cape Coral, Florida

Hi, I'm Josh! I am a TSA Youth Ambassador. As a Youth Ambassador, I get to go around and educate people about TS. I was recently chosen by the TSA Florida Chapter to represent the great state of Florida in Washington D.C. While I was in the Nation's Capitol, I had the privilege to meet 20 other wonderful aspiring Touretters. I received tremendous training by the founder of this awesome program, Jen Zwilling. After a couple days of training sessions, I was able to meet with the Senators and House of Representatives constituents for Florida. In talking with them, my job was to tug at their heart strings to help raise awareness for Touretters in Florida and try and convince them to vote on funding for the national Tourette Syndrome Association. Each and every one of them was extremely receptive to me and the condition, which I, along with hundreds of thousands of other people in the U.S. suffer with on a day to day basis. The whole experience was truly a once in a lifetime opportunity. Throughout the experience I was able to learn to change not only my life, but generations to come. This has also given me an entirely new presentation, making mine superior. Hopefully this has inspired you as much as me so you can take control of your condition and make a considerable difference for yourself and others. You know what they say, "I have Tourette's, but Tourette's DOES NOT have me."



Anthony (14 years old)
Cranberry Township, Pennsylvania



The trip to Washington D.C. for me, Anthony, was very exciting, empowering and eye opening. The exciting part was meeting all the other TSA Youth Ambassadors and sharing our stories with each other on what challenges we have in our everyday life. It was empowering because it

gave me more confidence to really talk to everyone about Tourette, not just my friends and family. It also showed me how I, just one person, can make a difference by voicing my opinion and telling my story about the difficulties that a person with Tourette has. It was eye opening because I did not realize how hectic, adrenaline rushing and exhausting Washington D.C. can be. And also talking with my Representatives and having them listen to me.



Noah (11 years old)
Shelbyville, Kentucky

Hi, my name is Noah and I'm eleven. My hobbies include building bionicles, building legos and collecting rare Star Wars items. I'm also an incredible artist. I'm a good author and I've written one book. I also write comics. My tics include grunting, a weak coughing

sound, spinning my neck and shuddering. I was diagnosed at eight years old.

I have one brother, a mom, a dad, two cats, a dog and a puppy. At school no one seems to notice my tics. One time drew an almost perfect drawing of the Eiffel tower. I've never lost a Yu-Gi-Oh! duel. I descend directly from Erik the Red; he's like my five hundredth great grandpa. My uncle also has TS.

When I grow up I want to work at Game Freak and make a Pokemon video game or work for Lucas Arts to help make a new Star Wars movie. My mom and my brother Jonah (see his story below) also have TS.



Jonah (8 years old)
Shelbyville, Kentucky

Hi I'm Jonah. I like Bakugan like Drago and Prayus. I have a pyrus aquos subterra mix. My tics are blinking, keeping one eye halfway open, humming and twitching my face.

I was diagnosed when I was about 5 years old, but only because of my brother. My parents saw that I had

the same tics he did. I'm in 2nd grade and I'm 8 years old.

I like to play Wii. I like food. I have a girlfriend. I have a new puppy.



Omar (12 years old)
Vista, California

My name is Omar and I am 12 years old. I am in the sixth grade and live in California with my mom and dad. Three years ago I started to have tics and they found out I have Tourette Syndrome. Two years ago, the doctors told me that I had Hodgkin's Lymphoma. After my chemotherapy for the cancer, the Tourette Syndrome was not as bad as before. The doctors told me it was better by about 70 percent, but sometimes I still have tics in my eyes and noises in my throat. At school, the principal knows what is happening with me, but my teachers may not always understand what is happening.

I enjoy many sports like Karate and soccer. Most of the time when I play soccer, my tics disappear! In public places, people often stare at me when I have an episode and it is embarrassing. Sometimes my friends make fun of me because of my condition. When I grow up, I want to be an oncologist and help others who have cancer, especially children. My biggest dream is to have a cancer free world!



Christina (17 years old)
Bayside, New York

Hi! My name is Christina. I'm 17 years old and I have had TS since I was 13. I thought it was a bad habit; I didn't know I had TS. When I turned 15, I went to my neurologist and he diagnosed me. I twitch my head to my shoulder, I blink my eyes and stomp. One of my vocal tics is yelping a shriek noise. Sometimes I jump. I use to do it a lot, but it happens here and there now. It's a weird syndrome; it goes back and forth. I also open my mouth wide. I'm mild, not severe.



Having TS can be embarrassing. When I'm in public people don't laugh or stare; they really don't pay attention. They just look or get scared or maybe say, "Why are you doing that?" Maybe a lot of people who have TS feel like they are getting stared down or laughed at a lot, but making noise brings more attention to people. I feel that people with TS should take it easy and live day by day and enjoy life.

People in my school call me twitchy. I personally know that's so ignorant, immature and mean. I ignore it, but sometimes I cry about it. I'm not ashamed of having TS, but it can annoy me sometimes. I feel unique like my own person I feel blessed. This is a challenge that people with TS can get through. It's not the worst thing in the world, but I hope there will be a cure one day. I'm also diagnosed with anxiety. It's not fun. I also like hockey and my favorite teams are the New York Rangers and the Tampa Bay Lightning.



Michael (12 years old)
St. Louis, Missouri

Tourette's.
Pacing down the street,
Even the animals stare and
laugh.
Salt shakers absurdly speaking
to the pepper, declaring,
"Even I don't shake like that!"
Tourette's.
Dogs and cats snickering and
whispering
Saying harsh things
About the new spaz on the block.
It is a highway traffic jam inside
my brain.
Blinking like enchanted
Christmas lights.
It can be as ugly or beautiful
As an ocean wave.
Tourette's.
Although some still see past my
outline

And see my true colors.
I am a sander, letting go pieces of myself everyday.
There are two sides to the sun,
One happy, one sad...
I just happen to live both...
Tourette's.



Kristi (17 years old)
Cumming, Georgia

My tics used to bother me because I used to feel I was different. But as I got older, I realized that I wasn't different in a negative way, but in a positive way. TS makes me funny and outgoing and one of a kind.



Having TS does not bother me because I know there are others out there with harder disabilities to deal with. No one is perfect and if some don't accept that you have TS, then they are not worth your time. "What doesn't kill you makes you stronger." I believe having TS has made me a better person.

Everyone who loves me; my friends and my family, seem to understand my disability and that's all that matters to me. I love my Tourette's.

Rosario (18 years old)
Metepéc, Mexico



Here I am, about to turn 18 years and wanting to share some of the experiences life has given me. I've realized so much about the world that surrounds me thanks to my TS. On the contrary to what some people may think, being out of the "normal circle" is a blessing, because you may notice what some people don't even want to see.

When I got into high school I felt devastated. I thought, I had lost the battle; my fears had overwhelmed me and the world didn't care. Instead, everything continued. The mail was sent under the door, bills had to be paid, and still I hadn't learned how to move on. Maybe it was "understandable," but it wasn't OK for me. They, the kids who teased and laughed about me, wouldn't win this time.

I remember my second week in school. I was sitting on my bench, scared and aware of the moves of everybody in the classroom, waiting for the teacher to come and give me the usual instruction to "sit down and be quiet." It was the only way I could control the tics. But suddenly something I didn't expect happened: I felt the warm touch of a friendly hand. "Do you want to join us? You seem quite lonely. We've been watching you. You don't talk too much, do you? Come on smile, it doesn't hurt," she said. It was like a sunbeam. I thought who might this person be, who isn't afraid of me, who tenderly offered me a second chance to live again, who opened the doors to a new beginning? She was a friend. A person just like me. I smiled and went with her to meet the others.

Since that day everything changed, and I am better than ever. For example, I have managed to diminish all my tics, like winking, twitching and the echolalia (repeating words), can't be noticed at all. I take all my medications, and the neurologist who is treating me has decreased the quantity of them. And even though my tics may appear sometimes, my friends help me to calm down and control myself. My grades are excellent and I won third place on the State Contest for Chemistry. Nothing can be greater than this.

Life had continued for me ... and sometimes when I look back in time, it seems amazing how life evolves as time goes by. The way friendship, patience and love makes everything move on, transforms and changes. No one is exempt from this force, as in Celine Dion's song, "The Power of Love."



Me with my friend, Alexandra. Thank you for being my friend and my confidant. Thanks for giving me the key to open the doors of a new destiny.



Danny (12 years old)
Pawnee, Illinois

My name is Danny and I am 12 years old. I am in the fifth grade and was diagnosed with Tourette Syndrome last fall.

I grunt, scrunch my nose, make sniffing sounds, jerk my head and neck and blink my eyes really fast. My neck gets sore if I jerk it a lot. I have cardiac problems, too.

My brother, Ethan who is 14 years old, also has Tourette Syndrome. He was diagnosed at the age of 9.

I like to play with my Nintendo DS, entertain people and make people laugh.

My best friend is Miles. He is always there for me. We have been best friends since we were 4 years old.

My favorite team is the Chicago Cubs. I was born in Chicago.

I hope someday they find a cure for Tourette Syndrome. Thank you, "That Darn Tic," for putting out a great newsletter with other kids like me.

That Darn Tic

That Darn Tic is TSA's newsletter by and for children up to 18 years old.


All submissions will be edited for length, grammar and content. Drawings and cartoons reproduce best when they are black and white on white paper. We may alter the size to fit the art on our pages. Submissions for the next issue are due by **September 1, 2009**. Send your short stories, poems, essays, drawings and photos to:

TSA
That Darn Tic
42-40 Bell Boulevard, Suite 205
Bayside, NY 11361

or e-mail: tracy.flynn@tsa-usa.org

The next *That Darn Tic* issue will be coming your way soon!

**You Can Become a
Tourette Syndrome
Youth Ambassador!**
TSA's Youth Ambassador Program trains kids and teens to talk about TS. The program gives young people with TS, their siblings, friends and classmates the preparation they need to speak about TS before their peers.
Learn more at:
<http://www.tsa-usa.org/People/kids/YouthAm.htm>


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