

ING Philadelphia Distance Classic

Join TEAM TSA and help the national Tourette Syndrome Association get One Lap Closer To A Cure!

TEAM TSA will be participating in the ING Philadelphia Distance Run on September 20, 2009. The event offers a half marathon and a children's fun run.

According to the marathon, the course is fast, flat, and spectacular! Music every mile will enhance your running experience as the course rolls through beautiful Fairmount Park and along the Schuylkill River.

This classic half marathon finishes by the Philadelphia Museum of Art, with the Rocky steps beckoning you to pump your fists in triumph.

You will feel even more triumph knowing you have helped fund research to find a cure for Tourette Syndrome. You do not want to miss this experience.

The Half Marathon Course:

Enjoy a scenic and historic course through many of Philadelphia's celebrated sites. The start and finish lines will be on Eakins Oval, by the Philadelphia Museum of Art. From the start line, runners will head towards Center City on the legendary Benjamin Franklin Parkway lined with glorious fountains, international flags and a vast array public art. You will then pass City Hall and Independence Hall. After heading back up Benjamin Franklin Parkway, the course will roll into the serene and picturesque Fairmount Park along the Schuylkill River before finishing back at Eakins Oval.

Additional Information can be found on the marathon's website at:
www.runphilly.com



September 20, 2009

Event Date

•Sunday, September 20, 2009

Avg. Race Day Temp.

•63° at the start, 70° at the finish

Course Profile

•Stunning and historic course

•Musical miles

Start Times

•Half Marathon: 7:45 am

•Children's Run: 9:45 am

Health & Fitness Expo

•September 18-19, 2009

Information provided from the Philadelphia Distance website:

<http://www.ingphiladelphiadistancerun.com>

Children's Fun Run



Children's Run

Our future half marathoners have their own event. The Philadelphia Children's Run features races and entertainment for children between the ages of 3 through 12. In the past couple of years our TEAM TSA kids have really enjoyed running the event.

Philadelphia Distance Run – Sept. 20, 2009

About TEAM TSA: Welcome to TEAM TSA! We are pleased you decided to join our team! Through running, walking and cycling team members get fit while helping the national Tourette Syndrome Association get One Lap Closer To A Cure. Funds raised help TSA support a world-wide cutting edge research program to identify a cause, control the effects and find a cure for the disorder. Funding also supports educational programs, awareness activities and other professional services provided for people living with TS and their families.

Here's How It Works: First you select an event suitable to your interests and physical abilities. The Philadelphia Distance Classic offers a half marathon and a Children's Run. You can register the TEAM TSA website: <http://tsa-usa.org/teamtsa/> Once you are registered on our site you will receive a link to create a fundraising webpage. This is a unique way to tell your own story, write a biography about your child or the struggles of your family. You will also be able to upload a photo onto the page. Then your page becomes a tool for you to raise funds by seeking individuals to sponsor your participation in the event. You will be able to email individuals, such as friends, family members or people in your community and they will be able to visit your webpage and view it for themselves. Your sponsors will be able to make an online tax-deductible donation and they will have the option of having their name and the amount given listed on your page. At any time you will be able to visit your page and see how close you are to achieving your fundraising goal. You will also be able to accept donations offline in the form of checks or cash and mail them to TSA. On our website we provide you a pledge sheet and other information you can download and print. Then on race day, with each step you will feel great knowing you have helped TSA get One Lap Closer To A Cure!

Marathon Registration Fees: Please see registration page at <http://tsa-usa.org/teamtsa/>

Fundraising Guidelines: For those people not choosing a travel package, there is no minimum fundraising guideline. We know you will do the best you can to get people to sponsor you to support our mission.

Guidelines For Travel Packages: If you are interested in securing a travel packages provided by TSA, there are minimum fundraising guidelines and deadlines you must follow. This is strictly a voluntary option you can choose. If you live locally or if you want to make your own travel arrangements, these minimum guidelines and deadlines will not apply to you.

Single: 1 Round Trip Airfare, 1 Room For 2 Nights:	\$2,500 minimum
Double: 2 Round Trip Airfares & 1 Room For 2 Nights:	\$4,500 minimum
Hotel Only: 1 Room for 2 Nights:	\$2,000 minimum

Deadlines:

June 1, 2009 – Single \$1000 raised, Double \$2000 raised, Hotel Only \$500

July 1, 2009 – Single \$1,000 additional, Double \$2000, Hotel Only \$1,000

August 8, 2009 – Single, Double \$500 additional, Hotel Only \$500

Unfortunately, TSA cannot create packages to accommodate specific numbers of team members or the needs of runners who may want to bring family members along with them. We welcome family members and hope you will decide to bring them to the event. However, we cannot make packages to include additional airfare and/or rooms for them. No changes will be made to these standard amounts. Please feel free to bring as many family or friends with you, but you will be responsible for purchasing their airfare. TSA regrets we are unable to provide packages to cover families with multiple members and children, but please know this is because we need to fulfill our mission to raise much needed funds for research, educational programs, awareness activities and other services.

Airfare and hotels will be selected by the TSA staff. Rest assured we will be selecting quality hotels and whenever possible direct airline flights. The TSA staff will work around your schedule as much as possible to schedule the departure and return flights. Our goal is to make this a great and enjoyable experience!